

**DEPARTMENT 142
4-H AND VOCATIONAL
PERSONAL DEVELOPMENT**

PREMIUMS: \$3.00 \$2.50 \$2.00 Ribbon

DISCOVERING MYSELF - LEVEL A

Exhibit a Poster (at least 14 by 22 inches) or a Display that shows what you have learned about the following....exhibit at least TWO of these categories:

- 1 Body Motion
- 2 Circle of Friends
- 3 Brain Power
- 4 Express Yourself
- 5 Dream On
- 6 My World

FUN WITH FRIENDS - LEVEL B

Exhibit a Poster (at least 14 by 22 inches) or a Display that shows what you have learned about the following...exhibit at least THREE of these categories:

- 10 Body Motion
- 11 Circle of Friends
- 12 Brain Power
- 13 Express Yourself
- 14 Dream On
- 15 My World

COMMUNICATION - PICKING UP THE PIECES - LEVEL 1

Exhibit a Poster (at least 14 by 22 inches) or a Display that shows what you have learned about the following...exhibit at least TWO of these categories:

- 20 Getting Your Point Across
- 21 Actions Speak
- 22 Write On
- 23 Other

COMMUNICATION - PUTTING IT TOGETHER - LEVEL 2

Exhibit a Poster (at least 14 by 22 inches) or a Display that shows what you have learned about the following...exhibit at least TWO of these categories:

- 25 Speak, Look, Listen
- 26 Good Intentions
- 27 Going Public
- 28 Other

COMMUNICATION - THE PERFECT FIT - LEVEL 3

Exhibit a Poster (at least 14 by 22 inches) or a Display that shows what you have learned about the following....exhibit at least TWO of these categories:

- 30 Speak Out
- 31 Stepping Up
- 32 World of Work
- 33 Other

EXPLORING THE TREASURES OF 4-H

Exhibit a Poster (at least 14 by 22 inches) or a Display that shows what you have learned about the following...exhibit at least THREE of these categories:

- 35 Exploring 4-H

36	Exploring Myself and My Interests
37	Exploring My Family and My Friends
38	Exploring My Community
39	Exploring 4-H Where You Live
40	Exploring Project Choices
41	Other
45	Self Determined